

Parent / Carer

Autism & Good Sleep Workshop



Tuesday 17th September 2024

10:30am - 12:30am

@ BAYC, 581 Pershore Road, Birmingham, B29 7EL



To book onto the workshop please
[CLICK HERE](#) or scan the QR Code above

The Autism & Good Sleep Workshop

This workshop is aimed at parents/carers of children and young people to sleep educate and offer some ideas and strategies to try to help improve sleep at home

Run by Kelly Reed
Resources for Autism
Behaviour Manager West Midlands

Limited onsite parking, but free road parking
and 45 & 47 Bus stops nearby

for further information please email
kelly@resourcesforautism.org.uk
Kelly Bumpas
Family Support Coordinator

