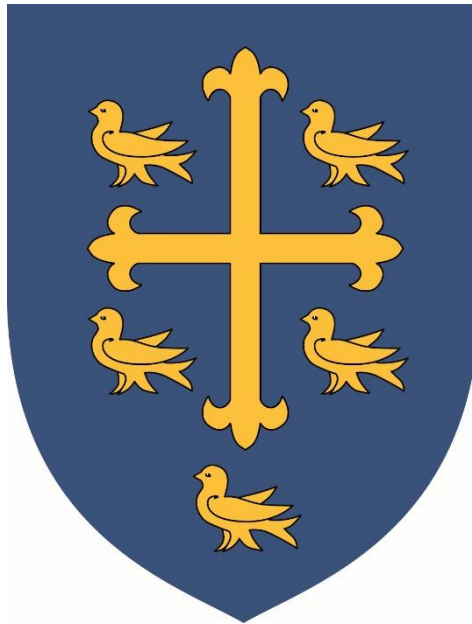


# St. Edward's Catholic Primary School



## Asthma Policy 2026/27

*'Jesus is at the heart of all that we do'*

***At St. Edward's, we are committed to safeguarding and promoting the welfare of the children and adults in our school, and we have the same expectation of our staff and volunteers.***

Policy agreed/Signed by: \_\_\_\_\_  
(Mr K Connolly – Chair of Governors)

Date: \_\_\_\_\_

Agreed on: September 2026

Review date: September 2027

**SAINT EDWARD'S CATHOLIC PRIMARY SCHOOL**  
**ASTHMA POLICY 2026**

Saint Edward's Catholic Primary School welcomes pupils with asthma and recognises their needs.

It expects and encourages parents/carers to give appropriate information to the school regarding the pupil's asthma and to provide appropriate prescribed reliever medication and a spacer device where prescribed or recommended.

It recognises that pupils need to have immediate access to their prescribed reliever medication.

The school will encourage and support pupils with asthma to participate fully in all aspects of school life.

#### **LEGAL FRAMEWORK**

This policy has due regard to relevant legislation and guidance, including:

Children and Families Act 2014, section 100;

Equality Act 2010; DfE Supporting pupils at school with medical conditions;

Department of Health Guidance on the use of emergency salbutamol inhalers in schools;

Keeping Children Safe in Education 2026

### **1. ON ADMISSION TO SCHOOL**

All parents/carers will be asked to provide full details of their pupil's asthma, regular medication, emergency contact numbers, family GP and any relevant hospital details. The school should also be provided with the pupil's current asthma action plan and relevant healthcare professional instructions.

Every pupil with an asthma diagnosis must have appropriate prescribed reliever medication available in school in accordance with their individual asthma action plan or healthcare professional's instructions. This may include a blue reliever inhaler or another prescribed reliever regime, such as AIR or MART therapy. A spacer should be available where prescribed or recommended.

Where appropriate, a pupil with asthma will have an Individual Healthcare Plan (IHP) developed in consultation with the pupil, parents/carers, relevant school staff and healthcare professionals. The pupil's asthma action plan and any healthcare professional's instructions will inform the support provided in school. Plans will be reviewed at least annually and sooner where the pupil's needs or treatment change.

### **2. STORAGE AND DISPOSAL OF MEDICATION**

**All inhaler devices and prescribed asthma medication must be clearly labelled with the pupil's name.**

#### **Key Stage 1**

Reliever medication will be kept so that it is readily accessible to the pupil, it will be in the classroom under the supervision of the class teacher/TA. Arrangements for storage, access or self-carrying will reflect the pupil's age, competence and individual healthcare needs.

Pupils who are sufficiently competent will be encouraged to take appropriate responsibility for their own medication, while staff ensure that it remains accessible when required.

#### **Key Stage 2**

If there are concerns about a pupil's inhaler technique, parents/carers should be informed and appropriate advice sought from a relevant healthcare professional, such as the school nursing service or asthma team.

Where a pupil does not self-carry, their prescribed reliever medication must be stored safely, clearly labelled and readily accessible to staff and the pupil.

### All Pupils

Where a pupil has needed to use reliever medication because of asthma symptoms, parents/carers will be informed in accordance with the pupil's healthcare arrangements.

Parents/carers will always be informed if their child has an asthma attack.

Before educational visits, residential visits, sporting activities or other off-site provision, staff must ensure that the pupil's prescribed asthma medication, spacer where required, and relevant healthcare information will be readily accessible throughout the activity.

Parents/carers are responsible for ensuring that prescribed reliever medication and spacer devices provided to school are in date, appropriately labelled and replaced when necessary. School staff will undertake appropriate checks in accordance with school procedures.

The school holds emergency salbutamol inhalers for use in accordance with the Department of Health guidance on the use of emergency salbutamol inhalers in schools. The emergency inhaler will only be administered in accordance with the school's emergency inhaler protocol and the applicable consent and eligibility arrangements. The two spare Ventolin Inhalers have been purchased for the school, NOT to be used for children who have not been given a diagnosis of asthma by their doctor.

## **3. EXERCISE AND ACTIVITY**

Pupils with asthma are encouraged to participate fully in PE lessons and physical activity.

Some pupils with asthma may need to use their prescribed reliever medication before exercise in accordance with their asthma action plan or healthcare professional's instructions.

Prescribed reliever medication must be readily available at all times.

## **4. ASTHMA ATTACK**

It is important that all staff know how to recognise and respond to a pupil experiencing an asthma attack.

In the event of an asthma attack, school staff should follow the pupil's individual asthma action plan and the school's Asthma Attack Procedure (Appendix 1). The procedure must reflect current NHS guidance and the pupil's prescribed reliever regime. Emergency help must be sought if the pupil worsens at any time or does not improve after the maximum dose specified by their action plan or current emergency guidance. The procedure should be visibly displayed in appropriate staff and first aid areas and the PE hall.

## **5. TRAINING**

All staff will receive appropriate asthma awareness information and know how to recognise and respond to an asthma attack. Training is completed at least annually. Staff with specific responsibility for supporting a pupil's healthcare needs will receive appropriate training and support before undertaking that responsibility. Training will be refreshed as appropriate and records maintained.

\_\_\_\_\_September 2026\_\_\_\_\_

Policy Written

\_\_\_\_\_Medical Needs Lead Mrs Akhtar\_\_\_\_\_

Coordinator

\_\_\_\_\_September 2027\_\_\_\_\_

Review Date **Review Date**